Good Vibes Only

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Adi Quinn (IRE) - June 2026
Music: Good Vibes Only - Angus Wonderland

Intro: 32 counts (dancing starts on 'are')

S1 SHUFFLE FORWARD, ROCK, RECOVER; SHUFFLE BACK, ROCK, RECOVER

1&2	R step forward, L step beside R, R step forward
3,4	L step forward, Recover on R
5&6	L step back, R step beside L, L step back
7,8	R step back, Recover on L

S2 V STEP, JAZZBOX

1-4	R step out, L step out, R step back to centre, L step back beside R
5-8	R cross over L, L step back, R sidestep, L step beside R

S3 R CHASSÉ, BACK, RECOVER, L CHASSÉ, BACK, RECOVER

1&2	R step to side, L step beside R, R step to side
3,4	L cross behind R, Recover on R
5&6	L step to side, R step beside L, L step to side
7,8	R cross behind L, Recover on L

S4 SIDE, TOUCH, SIDE, TOUCH, 4 WALKS WHILE TURNING ¾

1-4	R step to side, L touch beside R, L step to side, R touch beside L
5-8	While turning over R shoulder, 4 steps starting with R for a total of ¾ (to face 9:00