100 Square Feet

Compte: 32 **Mur:** 2 **Niveau:** Intermediate Rolling 8-Count
Chorégraphe: Lee Hamilton (SCO) - July 2026
Musique: 100 sq ft - Isabella Kensington : (iTunes & Amazon)

(1 Restart with step change in Wall 3)

Intro: 16 Counts (approx. 12s)

Section 1 [1-8] Lunge R, Recover With Full Turn L, ¼ Turn R Diamond Fallaway, Touch Steps

1	Lunge R to R side (1)
2a3	Recover weight on L making ¼ turn L (2), Make ½ turn L stepping R next to L (a), Make ¼ turn L stepping L to L side and sweep R from back to front (3) 12:00 (non-turn option for counts 2a3: L chasse)
4a5	Cross step R over L (4), Step L to L side (a), Make 1/8 turn R stepping back on R (5) 1:30
6a	Step back on L (6), Make 1/8 turn R stepping R to R side (a) 3:00
7a8a	Touch L next to R (7), Step L to L side (a), Touch R next to L (8), Step R to R side (a)

Section 2 [9-16] Step Fwd L With Sweep, Cross R, Step L 1/8 R, R Together, 3/8 Turn L Diamond Fallaway, Syncopated Weave L

1	Step forward on L sweeping R (1)
2a3	Cross step R over L stepping slightly forward (2), Make 1/8 turn R stepping L to L side (a), Step R next to L (3) 4:30
4a5	Cross step L over R (4), Make ¼ turn L stepping back on R (a), Step back on L (5) 1:30
6a	Step back on R (6), Make 1/8 turn L stepping L to L side (a) 12:00 *(see note below about restart here with step change during Wall 3)
7a8a	Cross step R over L (7), Step L to L side (a), Step R behind L (8), Step L to L side (a)

Section 3 [17-24] Cross Rocks, Step L 3/8 L, Step Fwd R, Pivot ½ L, ½ L Back R, Back L, Back R, Step L Together

1 2a	Cross rock R over L (1), Recover weight on L (2), Step R next to L (a)
34a	Cross rock L over R (3), Recover weight on R (4), Make 3/8 turn L stepping forward on L (a) 7:30
5 6	Step forward on R (5), Make ½ turn L (weight forward on L) (6) 1:30
a7	Make ½ turn L stepping back on R (a), Long step back on L dragging R up to L (7)
8a	Step back on R (8), Step L next to R (a) 7:30

Section 4 [25-32] Walk Fwd R, L, Rock Fwd, Recover, Behind R, Step L 1/8 L, R Cross & Kick, Step R, Cross L Unwind, Side R, Step L Together

12	Walk forward on R (1), Walk forward on L (2)
3a	Rock forward on R (3), Recover weight on L (a)
4a	Step R behind L (4), Make 1/8 turn L stepping L to L side (a) 6:00
5a6	Cross step R over L (5), Step L to L side (a), Low kick R to R diagonal (6)
a7	Step R next to L (a), Cross L over R and unwind full turn R (weight on L) (7)
8a	Step R to R side (8), Step ball of L next to R (a) 6:00

***RESTART WITH STEP CHANGE DURING WALL 3**
During Wall 3 dance up to and including count 6a of Section 2, then replace the original steps at counts 7a8a with: Cross R over L (7), Unwind a full turn L (8) (ending with weight on L)
Then restart facing 12:00

Have fun!

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