Jalla

Compte: 92 **Mur:** 2 **Niveau:** Advanced Phrased
Chorégraphe: Mark Furnell (UK), Chris Godden (UK) & Rebecca Lee (MY) - March 2026
Musique: JALLA - Antigoni

Intro: 4 Counts, Start at approx 15 secs
Sequence: A, B, C, A (16 Counts), Tag 1, A, B, C, A (16 Counts), C (20 Counts), Tag 2, C

Part A
SEC 1 Back Rock, Step, Shuffle, Rock, Touch Back, ½ Unwind

1-2	Rock right back, recover weight on to left
3	Step right forward
4&5	Step left forward, step right beside left, step left forward
6-7	Rock right forward, recover weight on to left
8-1	Touch right back, unwind ½ right keeping weight on left (6:00)

SEC 2 Hold, Bend, Touch, &, Heel, Pop, Pop

2-3-4	Hold, bend both knees, straighten both knees transferring weight onto right
5&6	Touch left beside right, step left back, touch right heel forward
7-8	Step right forward and pop left knee, step left forward and pop right knee

Restart Here on 2nd Part A, Dance Tag 1 then restart and on 4th Part A

SEC 3 Side Rock, Behind, Side, Cross Shuffle, ¾ Unwind

1-2	Rock right to right, recover weight on to left
3&	Step right behind left, step left to left
4&5	Cross right over left, step left beside right, cross right over left
6-7-8	Unwind ¾ left over 3 counts transferring weight on right (9:00)

SEC 4 Back Shuffle, Back Rock, Camel Walks, ¼ Step, Hold

1&2	Step left back, step right beside left, step left back
3-4	Rock right back, recover weight on to left
5-6	Step right forward popping left knee, step left forward popping right knee
7-8	Turn ¼ right step right forward, hold (12:00)

Part B
SEC 1 Nightclub Basic, Side, Behind, ¾ Step Sweep, Step Lock Step, Step, ¼ Pivot, Together

1-2&	Step left to left, step right beside left, cross left over right
3&	Step right to right, step left behind right
4	Turn ¼ right step right forward, turn ½ right sweeping left from back to front (9:00)
5&6	Step left forward, lock right behind left, step left forward
7-8&	Step right forward, pivot ¼ left transferring weight onto left, step right beside left (6:00)

SEC 2 Nightclub Basic, Side, Behind, ¾ Step Sweep, Step Lock Step, Step, ¼ Pivot

1-2&	Step left to left, step right beside left, cross left over right
3&	Step right to right, step left behind right
4	Turn ¼ right step right forward, turn ½ right sweeping left from back to front (3:00)
5&6	Step left forward, lock right behind left, step left forward
7-8	Step right forward, pivot ¼ left transferring weight onto left (12:00)

Part C
SEC 1 Dorothy Step, Samba Whisk, Side, Hold, ¼ Hitch, ¼ Hitch

1-2&	Step right forward to right diagonal, lock left behind right, step right forward to right diagonal

3-4&	Step left forward to left diagonal, Rock right behind left, replace weight on left
5-6	Step right to right, hold
7	Step left to left turn ¼ left hitching right knee bumping right to right
8	Turn ¼ left hitch right bumping right to right (6:00)

SEC 2 Dorothy Step, Samba Whisk, Side, Hold, ¼ Hitch, ¼ Hitch

1-2&	Step right forward to right diagonal, lock left behind right, step right forward to right diagonal
3-4&	Step left forward to left diagonal, Rock right behind left, replace weight on left
5-6	Step right to right, hold
7	Step left to left turn ¼ left hitching right knee bumping right to right
8	Turn ¼ left hitch right bumping right to right (6:00)

SEC 3 Out, Out, Hip Roll, 3/4 Paddle Turn

1-2	Step right to right, step left to left

Arms: Place right arm forward, place left arm forward

3-4	Roll hips clockwise from right to left, over 2 counts

Arms: Open arms to sides

Restart Here on Wall 3rd Part C

5-6	Turn ⅛ left touch right to right, turn ¼ left touch right to right (7:30)
7-8	Turn ¼ left touch right to right, turn ⅛ left touch right to right (3:00)

Arms: With right arm out and left arm up twist wrists 4 times (Bangra Style)

SEC 4 Rock, Shuffle, ¼ Hip Bumps, Touch

1-2	Rock right forward, recover weight on to left
3&4	Step right forward, step left beside right, step right forward
5-6	Turn ¼ left bumping hips left, bump hips right (12:00)

Arms: Cross right arm over body down to left hip, cross left arm over body down to right hip

7-8	Bump hips left, touch right beside left

Arms: Open both arms to sides, clap hands over head

SEC 5 ½ Run Around

1&2&	Step right in place, turn ⅛ left step left in place, step right in place, turn ⅛ left step left in place (9:00)
3&4&	Step right in place, turn ⅛ left step left in place, step right in place, turn ⅛ left step left in place (6:00)

Arms: Open both arms to side keeping wrists flexed over 4 counts

Tag 1 After 16 counts of Wall A

Hold, Out, Out, Hold, Back, Together

1-2-3	Hold, for 3 counts
4-5	Step right to right, step left to left

Arms: Place right arm forward, place left arm forward

6	Hold
7-8	Step right back, step left beside right

Arms: Bring hands together in prayer position

Tag 2 After 20 counts of Wall C

Walk to Lines, Arms, Walk to Place

1-16	Walk to form lines straight down the room facing forward over 16 counts
1-8	Open arms to side from overhead to waist over 8 counts
1-8	Open arms to side from waist to overhead over 8 counts
1--8	Walk back to starting position over 8 counts

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