

Dance on Me

Count: 32

Wall: 4

Level: Beginner

Choreographer: Fred Whitehouse (IRE) - February 2026

Music: Dance On Me - Gunder808



Intro: 32 Counts, Start at approx 18 secs

SEC 1 Diagonal Hip Bumps, Back, Point, Diagonal Hip Bumps, Back, Point

- 1-2 Point right forward to right diagonal bumping right hip forward, bump right hip forward
- 3-4 Step right back, point left to left
- 5-6 Point left forward to left diagonal bumping left hip forward, bump left hip forward
- 7-8 Step left back, point right to right

SEC 2 Step, Hitch, Step, Hitch, ¼ Jazzbox Cross

- 1-2 Step right forward, hitch left knee
- 3-4 Step left forward, hitch right knee
- 5-6 Cross right over left, turn ¼ right step left back (3:00)
- 7-8 Step right to right, cross left over right

SEC 3 Vine Touch, Rolling Vine Touch

- 1-2 Step right to right, step left behind right
- 3-4 Step right to right, touch left beside right
- 5-6 Turn ¼ left Step left forward, turn ½ left step right back (6:00)
- 7-8 Turn ¼ left Step left to left, touch right beside left (3:00)

SEC 4 Rock, Recover, Rock, Hitch, Rock, Recover, Rock, Hitch

- 1-2 Rock right forward, recover weight onto left
- 3-4 Rock right forward, hitch left knee
- 5-6 Rock left forward, recover weight onto right
- 7-8 Rock left forward, hitch right knee

Last Update: 1 Mar 2026
